

# Kindergarten Tips for Success

What a fun and exciting time for you and your child! Here are some things you can work on to facilitate a smooth and successful transition into Kindergarten!

## Academic

- ❖ Recognizes and writes their first name, making sure only the first letter is capitalized.
- ❖ Recognizes colors and shapes.
- ❖ Able to hold and turn pages of a book.
- ❖ Recognizes and names capital/lowercase letters.
- ❖ Recognizes and counts sets to 10.

## Self Help

- ❖ Getting themselves into and out of a car seat/booster seat independently.
- ❖ Practice opening and closing backpacks/lunchboxes.
- ❖ Practice putting on their own shoes and tying them.
- ❖ Practice opening lunch containers, peeling fruit, inserting straws, opening water bottles, etc.
- ❖ Practice eating lunch within a 20 minute time period.
- ❖ Buttoning buttons, zipping zippers, snapping snaps, and tying shoes!

## Social Skills

- ❖ Able to wait respectfully for their needs to be met.
- ❖ Able to accept wins and losses.
- ❖ Understands taking turns and not always being first.
- ❖ Communicate respectfully with peers and adults.

## Hygiene

- ❖ Wiping, flushing, and washing hands after using the restroom.
- ❖ Be sure to cough and sneeze into their elbows (vampire style)!
- ❖ Using tissues and keeping hands away from noses.