

# Kindergarten Tips for Success

What a fun and exciting time for you and your child! Here are some things you can work on to facilitate a smooth and successful transition into Kindergarten!

## Academic

- ❖ Recognizes and writes their first name, making sure only the first letter is capitalized.
- ❖ Recognizes colors and shapes.
- ❖ Has basic understanding of print.
- ❖ Recognizes and names capital/lowercase letters.
- ❖ Recognizes and counts sets to 10.

## Self Help

- ❖ Getting themselves into and out of a car seat/booster seat independently.
- ❖ Practice opening and closing backpacks/lunchboxes.
- ❖ Practice putting on their own shoes and tying them.
- ❖ Practice opening lunch containers, peeling fruit, inserting straws, etc.
- ❖ Role play eating lunch within a 25 minute time period.
- ❖ Buttoning buttons, zipping zippers, and snapping snaps!

## Hygiene

- ❖ Wiping, flushing, and washing hands after using the restroom.
- ❖ Be sure to cough and sneeze into their elbows (vampire style)!