



Ignite Motivation & Foster Resilience with a Growth Mindset!

Teaching kids to have a growth mindset will help them develop persistence, perseverance, and grit...skills that will last a lifetime! Don't miss this opportunity to help your child succeed in school and beyond.

Who Should Attend:

Parents of Students of All Ages

When:

Monday, October 25, 2021

7:00—7:45pm

Where:

Virtually via Zoom

Cost: FREE!

RSVP by Friday, October 22 to Susan.Connor@stjohns.k12.fl.us to receive the Zoom link via email

During this session, you will learn:

- ◆ How NOT to talk to your kids
- ◆ Strategies to build resilience in children and yourself
- ◆ An understanding of how the brain grows, not just in childhood, but throughout life
- ◆ How to develop and nurture a growth mindset at home

Presented by Janna Peskett, former Director of Digital Learning & Curriculum at Mindset Works, adjunct math professor at Flagler College, and a St. Augustine native and mother of three teenage daughters.



mindset works®



Mindset Works was co-founded by one of the world's leading researchers in the field of motivation, Stanford University professor Carol S. Dweck, Ph.D., and K-12 mindset expert Lisa S. Blackwell, Ph.D. The team translates psychological research into practical programs and services to help students and educators increase their motivation and achievement. Carol Dweck is the author of the best-selling book *Mindset*.

Workshop presented by SJCSA Accountability and Intervention Services