

Safety.  
Connection.  
Problem-



# Conscious Discipline<sup>®</sup>

## A Positive and Peaceful Approach to Parenting!

*Parenting is one of the most important jobs we all have, yet we receive very little training for it. Along with PBIS (Positive Behavior Intervention Support), Conscious Discipline is being implemented in our schools with great success, and many facets of the program can be used effectively at home as well.*

*Mark your calendars today to learn how!*

### Who Should Attend:

Parents of Students of All Ages

### When:

Wednesday, October 28, 2020

7:00—7:45pm

### Where:

Virtually via Zoom

**Cost: FREE!**

### During this session, you will learn:

- ◆ Current brain research to help you understand your child's behaviors and avoid power struggles
- ◆ Social emotional life skills to help your child reach his/her highest potential
- ◆ Practical tools to help you smooth transitions, enhance cooperation, and enjoy parenting
- ◆ How to manage your own emotions to better respond to challenging behaviors

**RSVP by Monday, October 26 to [Susan.Connor@stjohns.k12.fl.us](mailto:Susan.Connor@stjohns.k12.fl.us).**

**You will receive the Zoom link for the training via email.**



This event is being presented by SJCSA Accountability and Intervention Services. We extend our grateful thanks to Jeff Willard and Equitable Advisors for their sponsorship.



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ADVISORS**