## dolphindigest

### VOLUMIE 97, NO. 5, February 2020

#### News from the Media Center

**KES Reading celebrations:** 

Congrats to our newest Million Word Club member, Ethan Martin!

We now have 9 readers who have read all 15 of the 3rd-5th grade SSYRA books! Way to go, Ethan M., Finn D., Scarlett S., Kaila F., Ben M., Brady B., Mrs. McCutcheon, Mrs. Allee, & Mrs. Becky!

We have two 2nd graders that have read & quizzed on all 15 SSYRA, Jr. books-Rocket H. & Mila L.!

Professor DoDad's Super Science Show was a blast! Encourage your student to be working towards his/her 3rd quarter AR goal. Any student who reaches their individual AR goal by March 12 will be invited to Game Time in the media center!

#### Save the Date:

March 2-5 Book Fair!

March 5th BINGO Night & Book Fair

Thursday, March 12, 9:30a.m. - 4th & 5th Grade School wide 4-H Tropicana Speech Contest (classroom contests will take place before this date!)



In the coming weeks, all students Kindergarten -5th grade will be introduced to the Safer, Smarter Kids curriculum. Safer, Smarter Kids is an abuse prevention education curriculum designed for Pre-K and elementary-aged children, created by the Lauren's Kids foundation. Lauren's Kids is an organization

founded and led by Lauren Book, M.S. Ed. This district approved curriculum introduces students to personal safety, understanding safe and unsafe situations and teaching them Safety Tools to use in any situation when they may feel unsafe. This curriculum meets the new state mandate to teach Child Trafficking prevention. For more information please visit www.safersmarterkids.org. and the Florida Department of Education.

#### **Volunteers** Needed

#### Principal's Pet Project!!!

Mrs. Tucker is looking for parent volunteers, any day, from 7:55am to 8:25am. Parents will work with individual students in Kindergarten or 1st grade on fluency for approximately 3-5 minutes each. Training is provided and very easy! Please email Mrs. Kathy Tucker, Principal at kathy.tucker@stjohns.k12.fl.us with the available days. She is hoping to start this volunteer program by mid-February until May.

#### **Sleep and Health** Nurse Tabitha

Adequate sleep contributes to a student's overall health and well-being. Students should get the proper amount of sleep at night to help stay focused, improve concentration, and improve academic performance. Children and adolescents who do not get enough sleep have a higher risk for many health problems, including obesity, type 2 diabetes, poor mental health, and injuries. They are also more likely to have attention and behavior problems, which can contribute to poor academic performance in school.

#### How Much Sleep Do Students Need?

How much sleep someone needs depends on their age. The American Academy of Sleep Medicine has made the following recommendations for children and adolescents:

Age Group & Recommended Hours of Sleep Per Day

- 6-12 years 9 to 12 hours per 24 hours
- 13-18 years 8 to 10 hours per 24 hours

#### What Parents Can Do

· Model and encourage habits that help promote good sleep. Setting a regular bedtime and rise time, including on weekends, is recommended for everyone-children, adolescents, and adults alike. Adolescents with parent-set bedtimes usually get more sleep than those whose parents do not set bedtimes.

· Dim lighting. Adolescents who are exposed to more light (such as room lighting or from electronics) in the evening are less likely to get enough sleep.

• Implement a media curfew. Technology use (computers, video gaming, or mobile phones) may also contribute to late bedtimes. Parents should consider banning technology use after a certain time or removing these technologies from the bedroom.

## 



(904) 547-8540

Ketterlinus Elementary School Where we learn, love, and laugh.

67 Orange Street, St. Augustine, FL 32084

Early Release Wednesday-1:45 p.m. dismissal 2/52/5 KES Spirit Day at Chicken Salad Chick 4 -8 p.m. 2/6Interims Issued on HAC 2/75th Grade Goes to Kennedy Space Center 2/7Wear Your Words T-Shirt 2/7 RSVP due for It's a Donut Date-Late RSVPs cannot be accepted. 2/10 PTO Meeting at 7:45 a.m. Early Release Wednesday- 1:45 p.m. dismissal 2/12 2/14 Wear Red/Pink for Valentine's Day 2/14 It's a Donut Date 7:30 -8:15 a.m. -RSVP was due on 2/7 2/14Character Counts Celebration-2:00 p.m. 2/17 NO School-President's Day Early Release Wednesday- 1:45 p.m. 2/192/21Wear your KES t-shirt 2/25 SAC Meeting at 7:45 a.m.

**Important Dates at Ketterlinus** 

- 2/25 Parents kNOwMORE Seminar 6:00 p.m. at R.B.Hunt
- 2/26Early Release Wednesday- 1:45 p.m. dismissal
- 2/28
- Wear your KES t-shirt • . . . .
  - Housekeeping

#### School Access

Please remember to complete a School Access form if you plan to attend ANY event at Ketterlinus. This includes parent/teacher conferences (in the classroom), special events, performances, graduations, and Character Counts! programs. Share the link with any other adult who might also want to attend. https://stjohns.keepntrack.com/apply/

#### News from the Ketterlinus Cafeteria

Just a gentle reminder to please stay up to date on your child's meal account balances. We greatly appreciate your support in this matter.

#### Car Tags

Car tags must be displayed on your rearview mirror when picking up your child in Parent Pick-Up. This helps the staff to identify you as someone who is allowed to pick up the student, and gives staff the opportunity to radio ahead so that your child is ready at the curb for pick-up. If a car tag is not visible, you will have to park to walk inside to confirm your identification. This is for EVERYONE.....even if we know you by name. This is for the safety of our students.

#### **Photo Identification**

Photo identification is required for all adults signing in to our school, as well as for those who are here to sign-out their child. Several staff members cover the front desk so it is important that you bring a photo identification with you at ALL times, as not everyone will know everybody. This is not to inconvenience you but to provide the safest environment for our students.

#### **Morning Drop-Off**

KES staff supervises morning drop-off from 7:55 a.m. to 8:15 a.m. If you arrive after 8:15 a.m., you will need to park then walk your child in to the front office. We will also need you to sign in your child as tardy if they aren't going to arrive to class by 8:25 a.m.

#### **100 Days of School**

Yes...we have been in school for 100 days!! Our kindergarteners had fun dressing up as if they were 100 years old. Powder in their hair, bow ties on their shirts, pocket watches dangling from their waists, walkers and cane were just a few of the things that brought many smiles to those who had the chance to meet these centennial kindergarteners.



## **Reading Momentum**

By Sue Brush, Instructional Literacy Coach

It is hard to believe we are already in the third quarter of the 2019-2020 school year. *How is your reading momentum going at home?* Parents often ask how they can help their child in reading.

#### 1. Help your child meet his/her quarterly independent reading

goal. Ketterlinus has fun, motivating structures in place to encourage our students to read outside of the school day. Are you supporting your child with the Passport for Learning and the Quarterly Reading Goals?2. Read to your child daily, even after your child becomes a fluent reader. Have fun and encourage discussions and laughs.

3. Keep your Routines and Ritualize in place. Do not let up. Carve out time to maintain healthy reading habits.

4. **Help your child move to the next level.** Your child's teacher will always communicate your child's independent reading level. As the year progresses, we want to continue to monitor reading growth and support our students as the text becomes more challenging.

#### **AR Goals**

238 AR readers who met their 2nd quarter AR goals enjoyed laughter & learning at Professor DoDad's Superhero Science Lab!



#### Literacy Week

Students prepare for Literacy Week by creating Legos for Literacy projects based on a book they know & love. Fancy Nancy looks great here- well done, Ella N.!

Box Tops for Education has gone DIGITAL! That's right, no more cutting and pasting. They have made it so much easier to earn money for our school. Just follow these simple steps:

**T** Download the Box Tops app

**5** Create an account

**Select Ketterlinus Elementary School** 

**☆** Scan your receipt whenever you purchase a product with the Box Top logo on it. And that's it! Easy peasy. We will still be collecting non-expired Box Tops while we make the transition. If you have any questions, let us know. Thank you for helping raise money for our school♥

#### **Gingerbread Creativity**

Second graders used their creativity to build their own gingerbread house using various types of candy and graham crackers. The results were some delicious creations!





The Heart Challenge Kick - off (formerly Jump Rope For Heart) will be Wednesday, March 10th, 2020. The actual Heart Challenge is April 6th – 9th during PE Class. Our Goal is to raise \$5,000.





Ketterlinus Elementary It's time to order your yearbook! Order now and save!

Order online <u>www.leonards.com/yearbooks</u> Access code: C480662 Price Now: \$25.00 / Price After March 2: \$30.00

To pay by cash, check, or money order, complete the order form envelope and return to your school. Make checks or money orders payable to: Leonard's

Price includes sales tax. Exact amount • No change given

#### 2019-2020 Yearbook Ad Order Form- 5th Graders Attention parents of 5th grade students! A limited amount of space in the 2019-2020 yearbook is available for dedication ads. Spaces will be reserved on a first-come, first-served basis through February 18th, 2020 at 3:30 p.m. NO EXCEPTIONS CAN BE MADE as space is limited! Complete ad order form with payment and photos/messages must be turned in by this date. We have three ad sizes available. Please make payments directly to Ketterlinus PTO via check, money order, or cash. Please note: This order form is for ads only, not for yearbooks, which must be purchased separately.

Photos must be submitted on a jump drive or by email: <u>Pura.Scott@stjohns.k12.fl.us.</u> If submitting a jump drive, please remember to label with your child's name. ALL photos must be submitted in **jpg format** and separate from the dedication wording, which can be emailed and typed in Microsoft Word or can be submitted on the jump drive. Please, no PDF formatted ad materials. Please direct any questions via email, and payments to Mrs. Scott-Hammond.

# Hammond. Child's Name: Teacher: Parent/Contact: Parent/Contact: Phone #: Email: 1/4 Page \$35 1/2 Page \$60 1-6 Photos, plus message Full Page \$100 1-12 Photos, plus message

Parents kNOwMORE Social Media Awareness and Cyber Bullying Presentation February 25th @ 6pm

Hosted by RB Hunt & Ketterlinus Elementary School Location: RB Hunt School @ 125 Magnolia Dr., 32080 www.parentsknowmore.com

Do you have a child between the age of 5 and 18? You do not want to miss this seminar presented by Susan Wind from Parents kNOwmore! Parents will be educated on the latest trends that adolescents are using to communicate electronically. She offers a vast amount of advice, education and resources that parents will find helpful as they deal with these serious issues they are faced with daily.

# Due to the nature of this content, children cannot attend. However, childcare will be provided for school-aged children by RB Hunt and Ketterlinus' Extended Day Staff.

Please RSVP your childcare spot to ensure we have enough staff. Return to the front office.

Child's/Children's name(s):\_\_\_\_\_

Grade(s):

Attending Parents Name:\_\_\_\_\_

Cell #:\_\_\_

Ketterlinus Elementary School encourages persons with disabilities to participate in all of the programs and activities scheduled at KES. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call the front office 24 hours prior to participation or visit.

Please remember that audio and/or video capabilities are not allowed within the school.