

Welcome to the 2019-2020 school year!



Ketterlinus Elementary School  
Where we learn, love, and laugh.  
67 Orange Street, St. Augustine, FL 32084  
(904) 547-8540

My name is Sandy McCutcheon and I am the School Counselor at Ketterlinus. I have the pleasure of working with ALL students through classroom lessons, small group and individual counseling sessions. It is through these interactions that students can grow socially, emotionally and academically. Part of the scope of my lessons is to provide students with social-emotional learning (SEL). SEL is the process by which children acquire and effectively apply those skills to understand their emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. The overall goal is to help students build skills for learning, have empathy, manage emotions, and problems solve. As children practice these skills it will help them become more connected to school and their peers, thus creating a positive and safe learning environment.

This month, students participated in age-appropriate lessons that focus on safety, responsible behavior and good character (Lock Down drill, Character & YOU: What do your words and actions say about you & Social Media Safety for 4th and 5th grade). The ALWAYS Rules and SWIM mindset provides our students with a framework for learning in a safe and nurturing environment. Through the course of the year, I will provide updates of the topics covered via the school newsletter, so stay tuned.

I look forward to another great school year and the opportunity to work with your child.

Sandy McCutcheon  
Guidance Counselor

### Important Dates at Ketterlinus

- 9/9 PTO Meeting 7:45 a.m.
- 9/11 Early Release Wednesday-1:45 p.m. dismissal
- 9/12 Individual Picture Day
- 9/13 Interims Issued
- 9/13 KES Spirit Day
- 9/18 Early Release Wednesday-1:45 p.m. dismissal
- 9/23 Intake Conferences Begin
- 9/20 KES Spirit Day
- 9/24 SAC Meeting 7:45 a.m.
- 9/25 Early Release Wednesday-1:45 p.m. dismissal
- 9/25 Dads Take your Child to School Day
- 9/27 KES Spirit Day

### News from the KES Cafeteria

Just a gentle reminder that meal accounts are easily monitored and paid online via SchoolPay at <https://www.schoolpay.com>. Accounts can be paid by cash or checks at the school. Please keep your student's meal accounts paid in full. Snacks and ice cream cannot be purchased on credit.

### Music for our Ears

Prep Band begins Monday Sept 9th and is open to students in grades 2-5. Students can request a registration form from Mr. Gafford. Students are also welcome to join later in the year. The fee is \$60 for the year.

Students in grades 3-5 need to own a recorder. Students in 2nd grade will be learning the recorder in January, but can purchase a Precorder this fall. Recorders (\$5.00) and Precorders (\$4.00) can be purchased through Mr. Gafford.

Currently our students are working on recorder and mallet technique in grades 2-5.

### GOOD NEWS CLUB

Good News Club meets each Wednesday beginning September 18 from 2:00 – 3:30 pm. It is for boys and girls in grades K – 5th. We teach the children positive character qualities, biblical principles, moral values, and respect for others. Trained teachers present an exciting Bible lesson using various teaching techniques and colorful materials. This action-packed time also includes snacks, energetic action songs, creative learning activities, Scripture memory, and games. Permission slips are available in the school office.

### Coach's Corner

My goal is to teach your child the importance of physical education while keeping them safe. To do this, I ask that you please send your child to school in tennis shoes every day. Long hair MUST be out of their face so that they can see, and a water bottle filled with WATER ONLY is allowed.

This is our year for American Heart Associations "Kids Heart Challenge" formerly known as Jump Rope for Heart. Our event, as always, will be during the month of February, which is Heart Healthy Month. There will be a kick-off event in January to get us ready for our Heart Challenge. The Challenge will be during your child's regular PE class. More information will follow, as we get closer to the New Year.

Safety Patrol (5th grade) is doing an awesome job!! Thank you for being leaders to your peers.

Thank you!  
Coach Allen

### Women with Distinction

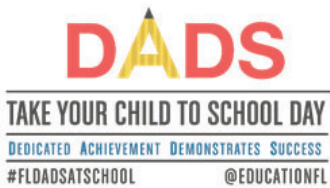
Girl Scouts of Gateway Council recently announced its 2019 Women of Distinction St. Johns County event and honorees and our very own MONIQUE KEATON is one of the honorees!!

Women of Distinction, GSGC's signature event, honors outstanding women in St. Johns County for professional accomplishments, service to others and community impact. The honorees are influential female leaders who positively influence and support their communities. Congratulations, Mrs. Keaton! We are so happy that others recognize the many gifts you give to so many.

A banquet in honor of the honorees will be held on September 19th at the Casa Monica Hotel from 11:00 a.m. to 1:00 p.m.



Dads Take Your Child to School Day is observed annually in September in Florida's schools. The Dads Take Your Child to School Day initiative serves to highlight and support fatherhood engagement in education by



helping schools foster this important connection with fathers and father figures. Research indicates engaging dads, brothers, uncles, significant male role models, and male mentors, increases student success in numerous ways. On Wednesday, September 25th, we encourage all father figures to drive or walk your child to school. There will not be a planned event but how awesome would it be if our front porch is filled with dads and other important male figures sending their child off to a great school day!!



### Our Community Supports KES

We are so thankful to our community for supporting the students and staff at KES. Please keep these businesses in mind whenever in need of the services that they provide.

Thank you to the following businesses for their donation to our school:

**Alan Bratic, CFP/Financial Advisor**  
61 Cordova Street  
St. Augustine, Florida 32084  
abratic@thompsonbaker.com

**Ancient City Baptist Church**  
**Bridge City Real Estate Company**  
**Fidus Roofing**  
**Heroes First Time Loans**  
**Hue Design**  
**Life and Love Studio**

### Our local Firefighters Care about our Students

Firefighters from our local city fire station stood along the roadways holding handmade posters to welcome our students back to school. KES is so lucky to be a part of such a caring community.



News from the Media Center



Readers are leaders at KES! Forty-three students who participated in the summer reading challenge led their way into the school year with BINGO, prizes, snacks, friends & FUN!

Our AR Program is in full swing for grades 2-5 (1st grade will ease into it as routines and independence have been cultivated, likely joining in 2nd quarter). We utilize AR & individualized reading goals to develop independent reading skills, create healthy reading habits & encourage a love of reading. Our goal is for ALL students to reach 100% of their 1st quarter goals by October 11! Students who meet their goals are rewarded with Game Time in the Media Center- this provides an opportunity for students who have worked hard to play hard! Students engage in games of their choice- Twister, Chess, Operation, Legos, Headbandz, etc. How can you help your student succeed with AR? Sign up for HomeConnect, ask your student what his/her reading goal is for 1st quarter & encourage them to read! HomeConnect info went home with each 2nd-5th grader. If you need HomeConnect info, email [erin.snyder@stjohns.k12.fl.us](mailto:erin.snyder@stjohns.k12.fl.us)

Our Sunshine State Young Reader Award program is underway for grades 1-5. Some of the titles will be on your student's reading level, some above, and some below- let them explore both easy reading and reading challenges. Information on the program and reading rewards will be coming home soon. Students can start collecting their Brag Tags on Wednesday, 9/11, in the media center! SSSYRA Jr. (K-2) titles <http://www-kes.stjohns.k12.fl.us/media/ssyra-jr/> SSSYRA (3-5) titles <http://www-kes.stjohns.k12.fl.us/media/ssyra-3-5/>

Heads up... Scholastic Book Fair is the week of November 12! This is a fun opportunity for volunteers!

**“ART we Awesome”**

Registration for “ART We Awesome” (Ketterlinus’ Art Club with Mr. Lewis) continues through 9/16. The first meeting will be on 9/9.

“ART We Awesome” is open to all students K-5 of Ketterlinus Elementary School. We will meet on Monday between 3:15 – 4:15 p.m. This session will be 6 weeks and the cost is \$60.

This first session of “ART We Awesome” will teach your child to make clay cupcakes inspired by Wayne Thiebaud.

Forms can be picked up from the front office.

I look forward to working with your child this year! If I can be of any help, please do not hesitate to call me at school at (904) 547-8540 or email me at [curtis.lewis@stjohns.k12.fl.us](mailto:curtis.lewis@stjohns.k12.fl.us).

Mr. Lewis



Ketterlinus Elementary School encourages persons with disabilities to participate in all of the programs and activities scheduled at KES. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call the front office 24 hours prior to participation or visit.

Please remember that audio and/or video capabilities are not allowed within the school.

**The Importance of a Routine**  
**By: Sue Brush**

I hope that you are settling into the new school year. I wanted to take a moment to introduce myself and say hello to our new families. My name is Sue Brush and I am the Instructional Literacy Coach at Ketterlinus Elementary School. In addition to helping with Professional Development, Curriculum, and the MTSS Team, I help with all things reading! If you have a question, need a book recommendation, or are seeking advice regarding how to help your child in reading, please feel free to reach out to me.

I would also like to encourage you to invest your time and energy at the beginning of the year in setting up reading routines at home. Once reading becomes “routine”, your student’s reading ability will grow while developing a love of reading. Your child will look forward to spending time this special time with you.

I look forward to meeting you.- Sue Brush, ILC

Email-[Suzanne.Brush@stjohns.k12.fl.us](mailto:Suzanne.Brush@stjohns.k12.fl.us)  
Phone- (904)547-8540 ext 24954

**What’s Happening in the Cove?**

Welcome back!!! New school year, new opportunities! It has been an awesome few weeks and we are rockin’ and rollin’ here at the Cove!!! Here are some of the things we offer at the Cove:

- \*Homework assistance
- \*Computer Lab
- \*Movie days
- \*Monthly Cove Special
- \*Weekly outdoor activities
- \*Art projects
- \*Fun Fridays

This month’s Cove Special will be an ice cream buffet held on September 27th. We are accepting donations for this event such as disposable bowls, utensils, and Ziploc bags (all sizes). Donations of toppings such as sprinkles, chocolate and caramel syrup, cherries, whipped cream, and gummy bears are also appreciated.

Remember it is not too late to join the fun! Sign up for The Cove today and see what we are all about!

A gentle reminder: Safety is our number one priority here at The Cove. Please be prepared to show a picture I.D. each time you pick up your child.

If you have any questions please contact Janet Bryant, Extended Day Coordinator, at (904) 547-8971.

A Big “Thank You” to Ancient City Baptist Church for graciously donating snacks for three of our classes this year. The students and staff are so grateful. Thank you, Ancient City Baptist Church, for showing such kindness to our students



**Healthy tips to eat healthy and get moving!**

**Eat Healthy (ENERGY IN)**

- Put berries or bananas on whole-grain cereal or oatmeal.
- Order a green salad instead of fries. Ask for fat-free or low-fat dressing “on the side” – and use only half of it.
- Drink water, fat-free or low-fat milk instead of regular soda or other sweetened drinks.
- Add flavor with herbs and spices, instead of salt.
- Use fat-free or low-fat mayo, sour cream, and salad dressings.
- Choose fruit for a snack or dessert.
- Grill, steam, or bake food.
- Do not eat late at night.
- Use lean meats such as white meat chicken, lean ground turkey, or fish in place of beef or pork.
- When you eat out, choose an appetizer for your meal or share a main course.

**Move More (ENERGY OUT)**

- Take your dog on longer walks.
- Ride bikes after dinner.
- Park farther away from the store and walk.
- Use the stairs instead of the escalator.
- Dance with your children.
- Walk your kids to school or walk to work.
- Ask your kids to help with active chores around the house, like vacuuming or raking leaves.
- Sign your kids up for community sports or lessons.
- Walk along the sidelines at your kids’ sports events.
- Play ball at the park.
- Choose video games that get your kids moving, like dancing or fitness games.