

## **SY 2012– 2013 Breakfast Menu**

### **St. Johns County School District**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Assorted Fruit & Fruit Juices Cereal & Texas Toast Cinnamon Tastries Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast Breakfast Quesadilla with salsa Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast Cinnamon Pancake Sandwich Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast EggStravaganza with toast Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast Breakfast Pizza Variety of Milk
Assorted Fruit & Fruit Juices Cereal & Texas Toast Sunrise Twist Sandwich Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast Smuckers Maple Waffle Variety of Milk	Assorted Fruit & Fruit Juice Cereal & Texas Toast Cinnamon Tastries Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast French Toast Sticks Variety of Milk	Assorted Fruit & Fruit Juices Cereal & Texas Toast Sausage Biscuit Variety of Milk

**Choice of Fat Free Flavored or Unflavored and Low Fat Unflavored Milk available at breakfast**

**\* St Johns County features the following selection of cereals:**

**Reduced Sugar Berry Berry Kix, Reduced Sugar Cinnamon Toast Crunch, Cheerios, Honey Nut Cheerios, Golden  
Grahams, Reduced Sugar Lucky Charms, Reduced Sugar Fruit Loops, Reduced Sugar Whole Grain Frosted Flakes**

**\* Menu cycles every 2 weeks**

**\* Approved Alternatives: Egg Square, Cheese Toast, Cinnamon Sugar Toast, MVP Breakfast, Ultimate Breakfast Round (UBR), Bagel-Fuls, Breakfast Burrito, Ultra Baked Whole Grain Cinnamon Bun, Sausage on a Stick**

**"This institution is an equal opportunity provider."**